

SUBCONSCIOUS RESTRUCTURING® INSTITUTE
CLIENT TRIALS - ADULTS

Certified SR® Counselor		Kelly Burris, PhD		Start Date -	6-26-10	
Administrator -		Online		End Date -	6-26-10	
Statistical Analysis –		Online		Follow-Up Date -	6-27-10	
Females -	40	Average Age -		Sessions -	1	
Males -		Average Age -		Number of Days -	1	
		All -		Total Time -	4.5 Hours	
EMOTIONAL CHECKLIST					Number of Clients	Percent Improvement

1) Do you worry about family, friends, self, events, future Etc?	1	60
2) Do you get self-critical and blame yourself for everything?	1	57
3) Have you been feeling resentful or angry?	1	77
4) Do you find it hard to get a good night sleep?	1	80
5) Have you been feeling sad or do you feel your future is hopeless?	1	100
6) Do you feel inferior to others or think of yourself as a failure?	1	0
7) Have you lost your interest in your career, hobby, family or friends?	1	0
8) Do you feel overwhelmed and have to push yourself hard to do things?	1	90
9) Have you lost your appetite or do you compulsively overeat?	1	80
10) Do you have trouble making up your mind?	1	71
11) Do you have feelings of hatred toward anyone, anything or yourself?	1	100
12) Do you feel life is not worth living?	1	100
Total	1	81

BEHAVIOR CONTROL CHECKLIST

1) How would you rate your understanding of how the subconscious works?	1	100
2) How would you rate your ability to restructure subconscious processes?	1	100
3) Please Rate your ability to maintain your most powerful emotional state?	1	100
4) How would you rate your confidence in achieving your goals?	1	62
5) How would you rate your self-motivation and ability to stay focused?	1	0
Total	1	73

RELATIONSHIP SATISFACTION SCALE

1) How would you rate your communication with people closest to you?	1	20
2) Resolving conflicts and arguments with people closest to you?	1	20
3) Satisfaction with your role in the relationships of the people closest to you?	1	0
4) Satisfaction with the other people's role in your relationships?	1	75
5) Love for people closest to you?	1	0
Total	1	21