

Functional Emotional Fitness™ Data-Driven Mental Health

Functional Emotional Fitness™ (FEF™) Practitioner Client Agreement

Page 1

FEF™ Practitioner and Client Definition: The term **FEF™ Practitioner** refers to the Certified Practitioner providing services, and the term Client refers to the person requesting services from the **FEF™ Practitioner**.

Functional Emotional Fitness™ Definition: FEF™ Benchmarks Normal, as the First Step to Measurable Improvement for 17 Issues Including Depression, Anxiety and Stress.

Privacy: For absolute privacy, clients have the option of a yearly subscription to BurrisConnect.com which will enable them to work with an **FEF™ Practitioner** but with no **FEF™ Practitioner** access to what they have entered into their account. When you connect with an **FEF™ Practitioner**, everything you enter can <u>be seen</u> by the **FEF™ Practitioner**, so they may help you restructure aberrant thought processes which simply do not work.

Corporate or Military: In a corporate or military environment, a supervisor may <u>be assigned</u> to a coach <u>which</u> will enable the supervisor to see the outcomes of the FEF™ Practitioners clients. <u>This</u> is strictly done to monitor the performance of an FEF™ Practitioner and address any issues a client may have with an FEF™ Practitioner. The client has the option not to enter their real name. However, an identification number may be used to identify a client outside the Burris Connect database.

Statistical Data: Functional Emotional Fitness Checklist and Gut Health Checklist data with gender, age, previous diagnosis, and general occupation may be displayed publicly as a study or performance gauge for the **FEF™ Practitioner**. Name of the client will never be used without the consent of the client.

I fully understand Functional Emotional Fitness™ is a Measurable Program Process and is NOT psychotherapy.

No Meds, Labels or Personal History: Functional Emotional Fitness™ is designed to address the single issue all human behavior has in common, and this is the emotional state of the client. Therefore, no meds, labels or personal history is needed, nor will a Certified Burris Coach engage in the diagnosis of a client. Should the client volunteer information to assist in the progression of the Functional Emotional Fitness™ Process it will be held in the strictest of confidence unless otherwise compelled by law.

The Intent of Functional Emotional Fitness™ is to simply guide you through the process of how thought, emotion and behavior work which enables you to interrupt, restructure and reprogram anything you deem not to work.

FEF™ Practitioner Obligations: The **FEF™ Practitioner** is **NOT** required to refer the client to a third party based on any information from the Functional Emotional Fitness™ Checklist, Gut Health Checklist or voluntary information revealed to the **FEF™ Practitioner** by the Client. Should the Client deem it necessary to see a physician, psychologist or psychiatrist, this decision will be entirely up to the Client.

Clients Rights: The Client waives any right to legal action against the CBC should the Client be dissatisfied with the information presented or for any other reason regarding the Functional Emotional Fitness™ process.

FEF™ Practitioner, Burris Institute Relationship: Each **FEF™ Practitioner** is independent of the company of Burris Institute unless stated otherwise.

Burris Institute CBC Client Agreement

Page 2

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Client Data: The Burris Institute and every FEF™ Practitioner will respect the confidentiality of the client's information, except as otherwise authorized by the client, or as required by law. Whenever data is compiled for statistical purposes, all personal information will be removed. The Burris Institute and all FEF™ Practitioners will obtain an agreement from the client before releasing their name's as clients or references, or any other client identifying information. Should the client's data be compromised by means, not within the control of Burris Institute, the client agrees that Burris Institute cannot be held liable.

Burris Gut Health Checklist: The Gut Health Symptom Checklist is provided as an information resource only, and is not to be used or relied on for any diagnostic or treatment purposes. This information is not intended to be patient education, does not create any patient relationship, and should not be used as a substitute for professional diagnosis and treatment.

Please consult your healthcare provider, before making any healthcare decisions or for guidance about a specific medical condition. Burris Institute expressly disclaims responsibility and shall have no liability, for any damages, loss, injury, or liability whatsoever suffered because of your reliance on the information contained herein and specifically does not endorse any test, treatment, or procedure mentioned in this document.

Many of these symptoms can cross over each other or represent a completely different issue.

Please do not go any further if you do not agree to this disclaimer.

I am age 13 or over

I fully understand the terms of the Burris Institute CBC Client Agreement.

Please Print Full Name	Please Sign
FEF™ Practitioner	
Client	
If under 18 Parent or Guardian	