

# Burris Institute FEF™ Practitioner Doctrine

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As a Functional Emotional Fitness™ Practitioner (FEF™ Practitioner), I agree to adhere to the following Ethics and Standards set forth by the Burris Institute.

- 1) I understand that Functional Emotional Fitness™ is **NOT** psychotherapy; it is a **Program Process**. I will always make this clear to my clients by providing them with the FEF™ Practitioner Client Agreement or making sure no one but them makes an account in their name on the BurrisConnect.com site.
- 2) The FEF™ Practitioner does not dictate to a client. The FEF™ Practitioner is trained to empower their clients to make decisions, which work the best for them. The FEF™ Practitioner may give the client a recommendation if asked or the FEF™ Practitioner may ask the client if he or she would like a recommendation. The FEF™ Practitioner will never give a recommendation without first being asked or by asking the client.
- 3) The use of the Burris Connect website requires the Certified Burris Coach to follow the CBC Guidelines and the Burris Institute data protocol.
- 4) Should I integrate other modalities into a Functional Emotional Fitness™ session without informing the client or use another modality when a client has contacted me through the Burris Connect website I will be subject to the possible loss of my FEF™ Practitioner Certification.
- 5) Prior to an initial session, I will make sure my client fully understands the process of Functional Emotional Fitness™, the bounds of confidentiality, financial arrangements and other terms of the FEF™ Practitioner Client Agreement.
- 6) I will accurately identify my qualifications and experience.
- 7) I will never mislead or make false claims about what my client will receive from Functional Emotional Fitness™ or me.
- 8) I will respect the client's right to terminate my services at any point in the process.
- 9) If I believe the client would be better served by another counselor, coach, or by another resource, I will encourage the client to make a change.
- 10) I will take all reasonable steps to notify the appropriate authorities in the event a client discloses an intention to endanger self or others.
- 11) I will respect the confidentiality of my client's information, except as otherwise authorized by my client, or as required by law.
- 12) I will not sell or release my client's phone, email, home address or any other personal information without the approval of the client.
- 13) I will obtain an agreement with my clients before releasing their name as clients or references, or any other client identifying information.

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**14)** Functional Emotional Fitness™ for Adults, Ages 9-17 and Warriors along with the Step 7 CD is provided to the FEF™ Practitioner as part of their marketing package, and the FEF™ Practitioner is free to print copy and distribute these documents, as they need for their marketing efforts.

**16)** The FEF™ Practitioner Guidelines are exclusive to the FEF™ Practitioner and may not be distributed to anyone other than another FEF™ Practitioner or Master Practitioner.

**17)** If I choose not to adhere to occasional updates to this document I have the option of relinquishing my Certification.

**18)** I will not become sexually involved with any of my clients.

## The BurrisConnect.com Web Site

**1)** I understand and agree that I must follow the FEF™ Practitioner Guidelines and the Burriss Institute data protocol when contacted by a client through the Burriss Connect site.

**2)** All four-hour Workshops for completion of your certification must be done in either a single four-hour session with follow up data collection the following day or two two-hour sessions on consecutive days with one follow-up.

**3)** After a follow-up of my third client is approved, I will be listed on the BurrissConnect.com site as an FEF™ Practitioner.